

Terms of Reference – Consultancy for Mental Health Psychosocial and GBV Training Manual and Booklet Development

1. Background

HealthNet TPO is a knowledge-driven, non-profit organization established in 1992 in the Netherlands that works in fragile states where people are facing the immense task of rebuilding society while they suffer from poverty, diseases and the mental and psychosocial consequences of conflict. Our mission is to enhance the ability of communities in fragile countries to better manage and maintain their own health and wellbeing. Social change and gender equality are central in the realization of its mission. HealthNet TPO's strength lies in the development and evaluation of low-cost and community-integrated programs focusing on psychosocial resilience. HealthNet TPO psychosocial approach focuses on building networks of support at local level and strengthening local community structures, which should result in collective action, reduced feelings of fear and to contribute to restoring social cohesion and trust.

Since 2016, HealthNet TPO has been working under the Women and Girls for Change Alliance (WG4C) in South Sudan, a collaboration of four Dutch NGOs funded by the Ministry of Foreign Affairs, the Netherlands. The Alliance works together in Unity (Southern Unity), Lakes (Yirol West county) and Eastern Equatoria (Magwe and Torit counties) with an aim to foster structural change of norms, laws and institutions, giving women and men equal rights, fostering security and safety for women and girls and enabling them to participate fully in inclusive conflict prevention and resolution and peacebuilding. Our role in the consortium has been the provision of capacity building, mentoring and supervision for the ideation, delivery, monitoring and evaluation of mental health and psychosocial support by trained lay workers and community resources, through so-called a network of Psychosocial Focal Points.

2. Objective of the consultancy

Contract a mental health expert to reproduce HealthNet TPO's Psychosocial Focal Points (PFPs) model used during the WG4C program in South Sudan for PFPs and GBV case workers' orientation and training purposes. Specifically, the consultant is requested to:

- Conceptualize, design and develop the PFPs framework model of the WG4C program and its relation to community systems strengthening, psychosocial resilience and promotion of gender equality.
- Capture in a systematic manner, through interviews and case studies, the experiences and lessons learned of the PFPs who received training and mentoring support from HealthNet TPO.
- Compile individual case stories of beneficiaries with psychosocial issues supported by the PFPs and present those learnings / experiences /success stories to support education, orientation and training to PFPs and MHPSS or GBV case workers.

3. Deliverables

Deliverable 1: A complete PFPs and case workers learning (self-learning and facilitator-guided) manual with elaboration of structure/chapters based on the content of program training materials.



Deliverable 2: A booklet highlighting the specific objectives mentioned above, accompanied by associated illustrations or 'vignettes' (drawing along with the case narrative) specifying a particular psychosocial condition with the aim to facilitate recognition of people with mental health issues by lay members of the community as inspired by the Community Informant Detection Tool developed by HealthNet TPO. A sample version of illustration link is given below for reference.

http://webcms.uct.ac.za/sites/default/files/image_tool/images/446/tools_documents/Final%20CIDT%20in%20English.pdf

Additional guidance: The learning manual should not be more than 30 pages (A4 size) and any handouts and presentations can be provided separately. The booklet must be 20 pages be written in plain English language with illustrations (drawings) depicting psychological conditions (for example, stress, depression, anger, shame, etc..) to guide PFPs, case workers and/or health workers to visually identify conditions related to mental health and psychological distress / conditions. The final products must be presented in soft copies of DTP (desktop publishing) version for printing and 120 pieces of hard copies (60 copies manual and 60 copies pictorial booklet).

4. Development of the consultancy

The consultant is expected to collaborate with HealthNet TPO's staff involved in the WG4C program for guidance and support. Moreover, the consultant will work closely with an illustrator to ensure culturally-sensitive representations of psychosocial conditions.

5. Timeline and Payment

The consultant may be an individual, and will be deemed to assume duties as of October 1st, 2020 and deliver the final product by latest November 31st, 2020.

Payment will take place after submission and approval of Deliverable 1 (50%) and the remaining 50% will be delivered upon acceptance of Deliverable 2.

6. Profile of the candidate

- Advanced degree in public mental health and/or psychology
- At least 5 years of work experience in humanitarian settings
- Proven experience in designing and implementing psychosocial support programs in humanitarian settings
- Proven experience and solid understanding of public mental health, community programming, psychosocial approach, gender transformative approach
- Experience in the design and formulation of conceptual materials and tools for organizational capacity building
- Knowledge of the cultural, socio-economic, political and security context in South Sudan
- Strong analytical, reporting and communication skills

7. Proposal submission

The application shall be submitted to info@ss.hntpo.org by 15 October 2020. The consultant shall submit a draft workplan for the assignment and a financial proposal, including consultancy fees and other expenses.

