



INTERNATIONAL NGO SAFETY ORGANISATION  
Analysis & Advice for Humanitarians

## **INVITATION TO FIRST AID TRAINING, Juba, 23-25 April 2018**

INSO South Sudan will hold a three-day First Aid Awareness Training in Juba at Mauna Classic Hotel (Juba) on 23, 24 and 25 April 2018.

The main aim of the course is to equip nominated NGO staff with the knowledge and skills to operate safely as first responders to medical situations in challenging operating environments. Priority will be given to staff with responsibility for first aid in compounds or operationally in the field. The following modules will be covered during the three-day period; Casualty Incident Management, Unconscious Casualty Management, Cardio Pulmonary Resuscitation, Wounds, Bleeding and Shock Management, Fractures, Dislocations, Sprains and Strains Management, Burns and Scalds Management, Spinal Injury Casualty Management, Poisons, Bites and Stings Management.

Two well-qualified and experienced paramedics with experience in NGO risk management are scheduled to teach the course in English. The three-day course will accommodate a maximum of twenty-five trainees.

The course is open to NGOs operating in South Sudan. It will be free of charge and non-residential. Refreshments will be provided during the morning break. However, lunch, travel arrangements, accommodation and per diems will be the responsibility of the respective NGO.

A certificate of attendance will be issued to all participants upon successful completion of the course.

### **How to Apply**

Requests for places must be through the Country Director, the designated Security Focal Point or the Human Resource Manager. Applications should include full details of the *nominee(s), position, role & work place.*

**The closing date for bids is Wednesday 18 April 2018. NGOs will be notified of allocations by Thursday 19 April 2018.**

**Apply directly to David N. Matee (INSO South Sudan Training Manager) via:**  
[training.manager@ssd.ngosafety.org](mailto:training.manager@ssd.ngosafety.org)

## Training Objectives

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>
<b>0800Hrs – 0830Hrs</b> Registration / Pre-Course Exam Welcome and introductions	<b>0800Hrs – 0830Hrs</b> Recap Trauma Kit Contents	<b>0800Hrs – 0830Hrs</b> Recap & Assignments Presentation
Introduction to First Aid, Context and Threat basic Awareness / Analysis	<b>0830Hrs – 1015Hrs</b> Medical Emergencies Extreme weather complications	<b>0830Hrs – 1015Hrs</b> Musculoskeletal Injuries Spine injury Management
<i>-----1015Hrs - 1035Hrs TEA BREAK -----</i>		
Incident Management and Reporting Scene size up EMS Safety Zones	<b>1035Hrs – 1200Hrs</b> Surviving Weapon Attack, Crossfire, Mines and Road Traffic accidents.	<b>1035Hrs – 1200Hrs</b> Lifting and carrying Techniques / Basic Extrication Poisons, Bites and stings
<i>-----1300Hrs – 1400Hrs LUNCH -----</i>		
Casualty Management, Chain of Survival, Top to Toe Survey, Recovery Position	<b>1400Hrs – 1500Hrs</b> Wounds and Bleeding, Circulatory Shock	<b>1400Hrs – 1500Hrs</b> Practical Examination
<i>-----1500HRS – 1515HRS BREAK -----</i>		
<b>1530Hrs – 1630Hrs</b> Cardio Pulmonary Resuscitation Use of AED's and other Defibrillators	<b>1515Hrs – 1630Hrs</b> Burns and Scalds	<b>1515Hrs – 1600Hrs</b> Evaluation and Closure
<b>End of Day</b>		

## About INSO

Founded in 2011, the International NGO Safety Organisation (INSO) is a British charity that supports the safety of aid workers by establishing safety coordination platforms in insecure contexts. INSO provides registered NGOs with a range of free services including real-time incident tracking, analytical reports, safety related data and mapping, crisis management support, staff orientations and training.

INSO services help NGOs with their day-to-day risk management responsibilities and improve their overall situational awareness to support evidence-based humanitarian access decisions.

The Organisation has grown from innovative start-up to become a globally recognised charity and a valuable component of the humanitarian safety coordination system.

Today the Organisation provides daily support to more than 850 NGOs in twelve of the world's most insecure countries and has earned a strong reputation for performance, principles & professionalism.

### **INSO South Sudan Country Office**

INSO launched operations in South Sudan in early 2018. INSO South Sudan aims to provide free services to more than 100 local and international NGOs in the country to enhance the delivery of aid and preserve the safety of their staff. Specifically, the programme shall provide the NGO community with tailored safety support through three main services: Capacity Building (provision of training to humanitarian workers); Information and Advice (provision of regular context reports, risk assessments and tailored advice on humanitarian access); and Response (support during crisis and critical incident management). INSO services are envisioned to cover the whole country, with field offices expected to open in 2018.