



## CONSULTANCY TOR FOR TRAINING / INFORMATION SESSIONS TO WOMEN AND ADOLESCENT GIRLS ON SEXUAL AND REPRODUCTIVE HEALTH AND MENSTRUAL HYGIENE)

This will accompany the practical training on making low cost reusable sanitary pads and energy saving stoves demonstrations in Twic east and duk jonglie state.

### **Background**

CARE South Sudan is a subsidiary of CARE International, a leading humanitarian and development agency fighting global poverty around the world. CARE's operations in South Sudan dates back to the early 1980s, focusing on emergency and disaster relief to the conflict affected populations in the South. Currently, CARE South Sudan works in four States, Unity, Jonglei and Upper Nile States and Eastern Equatoria addressing both humanitarian and recovery/development needs. In Its programming, CARE South Sudan focuses on main broad areas namely governance, Peace building and conflict mitigation, gender equity and sustainable integrated livelihoods (Food security, health and WASH) and shelter focusing on women and youth among other interventions. CARE's Humanitarian program in South Sudan targets refugees, Returnees, IDPs, conflict affected host and food insecure household in addressing their vulnerability and fighting poverty.

### **Introduction**

CARE South Sudan through UNICEF grant is implementing GBV/PROTECTION program in Twic East and Duk of Jonglie State for host community and IDPs as part of CARE's humanitarian intervention in the state. The project objective is Vulnerable women and girls have increased access to life saving multi sectoral GBV response and prevention services.

Although there are differences by country, culture, ethnic group, social class or family, the oppression of women has its effect on issues concerning reproductive health and other issues related to the productive system and its functions and processes. Most striking is the restricted control, which many women and girls have over their own mobility<sup>20</sup> and behaviour during menstruation due to their 'impurity' during menstruation, including the myths, misconceptions, superstitions and (cultural and/or religious) taboos<sup>21</sup> concerning menstrual blood and menstrual hygiene.

Remarkable is also that the education by parents concerning reproductive health, sexuality and all related issues is considered almost everywhere as a "no-go" area.

Menstrual hygiene also has an environmental impact, in the form of a growing waste problem.

The consequence is that women and girls mostly have to use moisture and damp clothes. There is, however, a big demand for affordable sanitary napkins. To fulfil this need sanitary napkins are produced locally at a reasonable price on the initiative of CARE. There is therefore a need to accompany practical training / demonstration to women and adolescent girls on making of reusable sanitary pads and energy saving stoves with information sessions / training on menstrual hygiene and sexual and reproductive health and rights.

CARE is now sourcing to have a short-term trainer for women and girls on making reusable sanitary pad in Jonglei State.

### **Purpose**

The main purpose is training (information dissemination) women and adolescent girls on sexual and reproductive health and rights as well as menstrual hygiene. These are the women and adolescent girls who are being provided skills and knowledge for making of low cost reusable sanitary pads and energy saving by a another consultant. The women will have information, knowledge and skills on sexual and reproductive health and menstrual hygiene, and this theoretical sessions / trainings will accompany the practical training (TOT) and demonstration for women and girls on making of low cost reusable pads and energy saving stoves.

### **Methodologies**

- Trainings sessions (Theoretical) Training of trainers (TOT)
- Focus group discussion
- Identification of local available materials
- Monitoring and evaluation

### **Target groups**

- 400 (300 women and 100 girls in Twic East and Duk.
- CARE staff (Social workers), GBV / Protection Officers

### **Outputs**

- 5 Training of trainers (TOTs) at the 5 Women and Girls friendly spaces in Twic East and Duk;
- A final report after comments from CARE.

### **Schedule**

Date	Location	Activities	Comment(s)
9 <sup>th</sup> July -20 <sup>th</sup> July /2018	Twic East and Duk	Travel	.

Detail electronic CV, financial and technical proposal can be send to the address below.

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Deadline for expression of interest is on 6<sup>th</sup> July 2018.